

# The Atrium

## BRUNCH | 8:30AM-12:00PM

#### Piña colada Greek yoghurt bowl £7.95 (V,GF)

*Full of nutrients and antioxidants* | *Anti-inflammatory Aids digestion* | *Boosts immune system* | *Promotes recovery* 

#### Matcha tea yoghurt bowl, raspberries, strawberries, H <sup>c</sup> H honey £7.95 (v,GF)

High in protective polyphenols which protect against disease Boosts brain function | Increases your focus | Boosts immune system

### Blueberry, banana and goji Greek yogurt bowl, toasted granola £7.95 (v)

Loaded with antioxidants | Promotes healthy heart function | Source of fibre Improves vision and eye health | Promotes healthy skin | Improves anxiety and sleep

#### Smoked, thick cut and dry cured local bacon, brioche bun £6

Supplied by our local butcher, Paul Shum. Dry cured in the traditional way for 12 days, then oak smoked under woodchips.

H<sup>c</sup><sub>.</sub>H **brunch bowl**, crispy potatoes, chorizo, flat cap mushroom, spinach, poached egg £11.50

Anti-inflammatory | Source of vitamin B and K Promotes healthy heart function | Loaded with antioxidants

#### MUFFINS

Super berry £4 | Salted caramel £4 | Lemon £4

# V - VEGETARIAN | VG - VEGAN | CN - CONTAINS NUTS

GF - DOES NOT DIRECTLY INCLUDE INGREDIENTS CONTAINING GLUTEN | DF - DOES NOT DIRECTLY CONTAIN DAIRY



Please speak to your server should you have any allergen or intolerance concerns. As our dishes are freshly prepared in-house, we may be able to amend meals to suit, however, due to the variety of produce in our kitchens, we cannot guarantee that any dish is free from potential allergens, including where indicated above. Fish dishes may contain small bones. Scan the QR code to view menu with calories. Please note, the recommended daily intake for adults is 2000 kcal a day.